Managing exudate is key for optimal wound healing and improved patient outcomes

HIGHLIGHTS from a consensusbuilding process

In Autumn 2019, wound care experts from around the globe gathered to discuss best practices in wound management



came to agreement on key steps for optimising wound treatment and improving patient quality of life. Maintaining moisture balance in the wound¹ Managing exudate to avoid exudate pooling and its associated risks¹

of participants agreed that effective

Managing the gap between the wound bed and dressing¹

Key learnings from the wound care experts

management of wound exudate is one of the 96% Exudate managment is key best ways to promote an optimal healing environment for both acute and chronic wounds¹ of participants agreed that managing Managing the gap is 98% the gap is important or very important important for effective for effective wound healing¹ wound healing of participants agreed that the best dressing A dressing needs to 83% choice for wounds down to 2 cm deep is a conform to the wound bed dressing that conforms to the wound bed¹

Exudate pooling can occur in all types of wounds

All wounds lie below the skin surface, which may create a gap that needs to be managed

A dressing that does not conform to the wound bed leaves a gap between wound bed and dressing.²





Appropriate dressing selection can help manage exudate and avoid exudate pooling¹



Conventional dressings may not manage the gap Conventional dressings, which do not conform to the wound bed, can leave a gap – resulting in exudate pooling and associated risks such as leakage, maceration and infection.

Reduces exudate pooling and the risk of bacterial growth



A conforming dressing manages the gap challenge A dressing that conforms is in contact with the wound bed and absorbs and retains wound fluid to avoid gap formation and the risks associated with it.²

Clinical benefits of Biatain[®] Silicone with 3DFit Technology



2: Dowset et al., 2019, A focus on the Triangle of Wound Assessment — addressing the gap challenge and identifying suspected biofilm in clinical practice. Wounds International 2019 | Vol 10 Issue 3

Ostomy Care / Continence Care / Wound & Skin Care / Interventional Urology

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